



My Daily Schedule: Time Worksheet



Name: _____ Date: _____

Time Order: What Comes First?

Number these daily activities from 1-6 in the order they happen during your day.



Going to bed



Eating breakfast



Going to school



Eating dinner



Taking a bath



Waking up



My Day Timeline

Draw a line to match each activity with the correct time on the clock.



Wake up



School starts



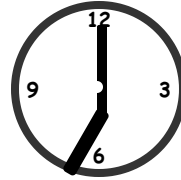
Lunch time



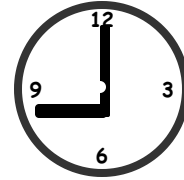
Play time



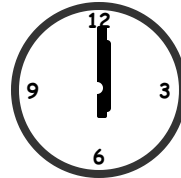
Bedtime



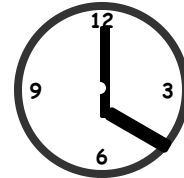
7:00



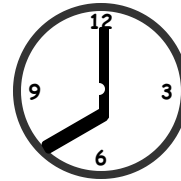
9:00



12:00



4:00



8:00

How Long Does It Take?

Circle the best answer for how long each activity takes.



Eating breakfast

- ☐ 5 minutes
- ☐ 15 minutes
- ☐ 2 hours



School day

☐ 10 minutes

☐ 1 hour

☐ 7 hours



Watching a cartoon show

☐ 30 minutes

☐ 5 hours

☐ 10 days



Sleeping at night

☐ 1 minute

☐ 8-10 hours

☐ 24 hours

Yesterday, Today, Tomorrow

Write each activity under the correct time word: Yesterday, Today, or Tomorrow.

Yesterday

1. _____

2. _____

3. _____

Today

1. _____

2. _____

3. _____

Tomorrow

1. _____

2. _____

3. _____

Activity Word Bank

Went to the park

Going to school

Will visit grandma

Had pizza for dinner

Doing homework

Will go swimming

Watched a movie

Eating breakfast

Will have a birthday party

Sequence the Story

Number the story events from 1-4 in the order they happened.



Then we ate lunch in the park.



First, I went to school in the morning.



After lunch, we played on the swings.



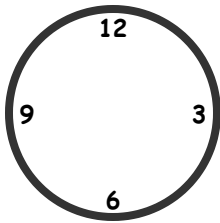
Next, the school bus took us to the park.

My Clock Book

Draw the hands on each clock to show what time you do these activities. Then write the time.



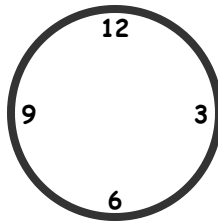
I wake up at:



Time: _____



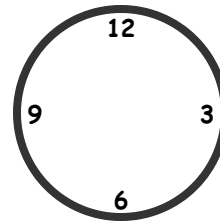
I eat lunch at:



Time: _____



I go to bed at:



Time: _____



Answer Key

Time Order

1. Waking up
2. Eating breakfast
3. Going to school

4. Eating dinner
5. Taking a bath
6. Going to bed

My Day Timeline (Match)

Wake up → 7:00

School starts → 9:00

Lunch time → 12:00

Play time → 4:00

Bedtime → 8:00

How Long Does It Take?

Eating breakfast → 15 minutes

School day → 7 hours

Watching a cartoon show → 30 minutes

Sleeping at night → 8-10 hours

Yesterday, Today, Tomorrow

Yesterday: Went to the park, Had pizza for dinner, Watched a movie

Today: Going to school, Doing homework, Eating breakfast

Tomorrow: Will visit grandma, Will go swimming, Will have a birthday party

Sequence the Story

1. First, I went to school in the morning.
2. Next, the school bus took us to the park.
3. Then we ate lunch in the park.
4. After lunch, we played on the swings.

 **You're a Time Expert!** 

Great job learning about daily schedules and time!